



**ENLIGHTIUM  
ACADEMY**  
**OFFLINE ELECTIVE COURSE FORM**

**HOME ECONOMICS**  
0.5 CREDIT/60 HRS, 1.0 CREDIT/120 HRS

**School Year:** \_\_\_\_\_  
**Total Hours Completed:** \_\_\_\_\_  
**Total # of pages:** \_\_\_\_\_

**Student's Name:** \_\_\_\_\_  
Last Name First Name Grade

**!** For the Home Economics Offline Elective, the student must complete tasks in at least 3 different categories and the total time should be approximately the same for each category.

*\*Please review examples of acceptable tasks for each category.*

Please select categories for which the student will be completing tasks for his/her Home Economics Offline Elective Course. Once all hours are completed, write the totals for each category in the space provided below.

Categories	Total hours completed
<input type="checkbox"/> Cooking/Meal Planning	_____
<input type="checkbox"/> Home Management	_____
<input type="checkbox"/> Sewing & Textiles	_____
<input type="checkbox"/> Home Design	_____
<input type="checkbox"/> First Aid	_____

**Observer's Full Name:** \_\_\_\_\_ **Position:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_ **E-mail:** \_\_\_\_\_

**Observer Notes (verification of student's participation/effort/achievements):**

**Verification**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Observer signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Requirements:**

1. The student must complete 120 hours per 1.0 credit by the assigned end date.
2. The student needs to keep track of his/her hours. Parents need to check their student's record for accuracy. *The form for recording hours and the student's activity is included below.*

3. Students are required to provide two pieces of evidence for each course. *An example of a piece of evidence would be a photo or video of the student being part of the indicated activity.*
4. For specific requirements for each offline elective, students can view the [Offline Electives page](#) or reference the lesson.
5. Students will upload this form and two pieces of evidence to Ignitia as soon as all required hours have been completed.
6. Please email [counseling@enlightiumacademy.com](mailto:counseling@enlightiumacademy.com) if he/she has any questions.
7. If the student has a specific interest not listed, please contact the [student's counselor](#).

**Disclaimer:** *Per parental selection of an offline Enlightium Academy elective class, parents agree to take responsibility for monitoring their child for required hours completion, to providing needed materials per their class choice, a safe environment, and appropriate supervision, as well as transportation, if required for the completion of these activities.*

### **Examples of Acceptable Tasks for Each Category:**

#### **Cooking/Meal Planning**

1. Research and create a nutritious meal plan.
2. Create a budget for the meal.
3. Go to the store and purchase all needed ingredients for the meal.
4. Prepare and cook the food.
5. Set up dining table.
6. Serve your meal to your family

#### **Home Management**

1. Create a budget for the following: car payment, groceries, health insurance, car insurance, phone bill, rent/mortgage.
2. Learn how to write checks/pay bills online.
3. Learn how to separate clothes by color, then wash, dry and fold/hang up the laundry.
4. Create a chore schedule (*only 5% of your total Home Ec hours can consist of standard household chores.*)
5. Car maintenance (oil change, interior detailing, etc.).
6. Watch over a pet or a farm animal (feed, clean, walk, entertain, monitor, etc.).

#### **Sewing, Textiles and Fashion**

1. Use a sewing machine or hand sew a blanket, quilt, pillow, or other items of choice.
2. Design your own or use a store-bought dress form to sew a dress or another fashion item.
3. Knit or crochet a blanket or a scarf.
4. Create jewelry or other craft projects using beads.

#### **Home Design**

1. Refurbish a piece of furniture (Use a before/after photo as your evidence!).
2. Build a project out of wood for the home or garden (shed, bird feeder, fence, etc.).
3. Research and write out a gardening or landscaping project.

#### **First Aid**

1. Complete the First Aid/CPR training.









