

# Horizons

## Health 2

### Healthy and Growing

# Student Workbook

Alpha Omega Publications, Inc. • Rock Rapids, IA

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## ***Horizons Health 2 Student Workbook***

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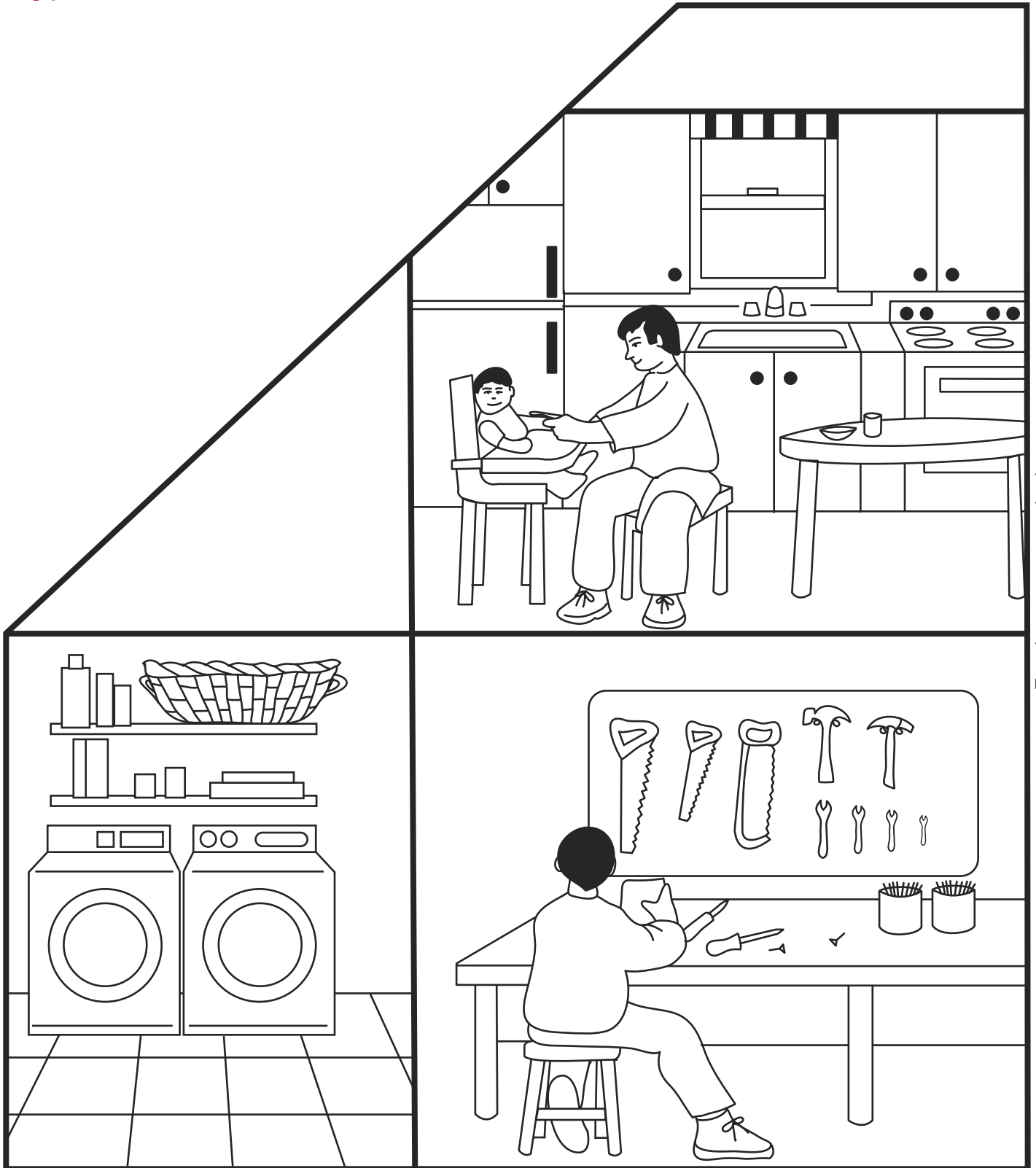
Name: \_\_\_\_\_

# Unit 2 Lesson 1

Student Activity 1a



Color the pictures and cut out the house.



Tape the two pieces together here.



Name: \_\_\_\_\_



Color the pictures and cut out the house.

Tape this picture to the picture on the previous page.





Name: \_\_\_\_\_



Use the words and phrases from the Word Bank to fill in the blanks.

**Thank you, God, for my** \_\_\_\_\_ .



**My family gives me**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Word Bank**

food  
shelter

family  
help

love  
clothing

help in learning  
about God





Name: \_\_\_\_\_  
-----  
\_\_\_\_\_



Interview your partner. Use the questions to find out what he or she likes best. Write down the answers.

**Reporter on  
the job is**

\_\_\_\_\_  
(your name)



\_\_\_\_\_  
(partner's name)

**told me this.**

1. What animal do you like best? \_\_\_\_\_
2. What TV programs do you like? \_\_\_\_\_  
\_\_\_\_\_
3. What games do you like? \_\_\_\_\_  
\_\_\_\_\_
4. What do you like to do at recess? \_\_\_\_\_  
\_\_\_\_\_
5. What subject do you like best at school? \_\_\_\_\_
6. What jobs do you do at home? \_\_\_\_\_  
\_\_\_\_\_
7. What are you good at doing? \_\_\_\_\_  
\_\_\_\_\_
8. What do you want to be when you grow up? \_\_\_\_\_  
\_\_\_\_\_







Name: \_\_\_\_\_

## Me and My Family Game



**Plan how you will make your game.**

**Write down what you might like to put on your game board.**

GOOD THINGS THAT HAVE HAPPENED TO YOUR FAMILY

NOT SO GOOD THINGS THAT HAVE HAPPENED TO YOUR FAMILY

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_



**Read over your lists. Choose 6 good things and 4 things that were not so good. Write the things you want to use. Put them in the right order.**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_



**Plan what to write on your playing instruction cards.**  
**Write the sentences here.**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_